



Montclair Futures

Grades:

- Rising 3rd through 8th grade boys
- In 3 groups: 3/4, 5/6, & 7/8

Costs:

- Fall - \$200
- Winter - \$150
- Summer - \$200
- Full 3 season Package: \$500

“Teaching Tomorrow’s Champions”



★ Coach Mike Diehl

Montclair Futures Director, Coach
MHS Varsity Head Coach, 2018-present
2019 Fitch-Division Coach of the Year
2021 Group IV State Coach of the Year
NCAA Division 1 and Professional Player

Register today at
montclairlacrosse.com

Year-Round Lacrosse Training for Montclair players of all levels

3 SEASONS

FALL 2022:

- Seven (7) October outdoor Skills training & Speedlax sessions,
***Updated dates: [Oct 11, 12, 17, 18, 25, 26, 31 4:00-5:30]**
- Final full field 10v10 Blue/White Game (intramural),
[7th/8th grades Nov 1st; 3rd/4th+ 5th/6th Nov 2nd, 4:00-5:30]

WINTER 2023:

- Four (4) February “Pre-Season Prep” indoor sessions to
fine-tune skills and fitness before the Spring Season
[Sundays, time TBD]

SUMMER 2023:

- Seven (7) June outdoor sessions: Skills training & Speedlax
- Final full field 10v10 Blue/White Game (intramural)
[Mondays & Tuesdays after school, final days & times TBD]

WHY MONTCLAIR FUTURES?

- ★ **BALANCED** – “goldilocks” amount of off-season lax: enough to keep lax skills advancing but not so much to interfere with playing other sports
- ★ **COMMITTED** – coaches have players’ longer-term development in mind, focused on optimizing every player’s potential to be the best player and teammate he can be
- ★ **LOCAL**– practices at local venues provide better Lax-Life balance for our families
- ★ **AFFORDABLE** – Lack of profit motive allows investment in the highest quality coaches as well as the provision of need-based scholarships for our players
- ★ **STRUCTURED** – Common Terminology, Skills monitoring & Player assessments = Continuity through the year

GO BLUE!